



# Smarter diabetes management at no cost to you

At no cost  
to you

Now there's a personalized way to help manage diabetes. Get the tools and support to track blood sugar levels and develop healthier lifestyle habits.

## Program includes:



One-on-one coaching, action plans and tips when you need them



A connected blood glucose meter \$200 value



Unlimited strips and lancets at no cost to you



24/7 real-time support for out-of-range readings

## Get started

Text **"GO MSU"** to 85240 to learn more and join  
You can also join by visiting [Join.Livongo.com/MSU/Register](https://Join.Livongo.com/MSU/Register)  
or call **800-945-4355** and use registration code: **MSU**

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-945-4355 o visite [Hola.Livongo.com/MSU](https://Hola.Livongo.com/MSU)

The program is offered at no cost to all benefits-eligible employees, their spouse/OEI, and dependents with diabetes.

Your information is confidential. This mailer has been generated and distributed to all employees who are eligible to participate in the Livongo Program. Livongo keeps information about your care private and secure, and in full compliance with federal and state law. This means your personal, identifiable health information is not shared with Michigan State University at any time.

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